

EXTENDED BODY LIGHT CAHILL



Recipe

Hook.....Dry, size 12-14

Thread.....Olive, 6/0 or 8/0

Tail/Body.....Mallard flank feather, dyed wood duck

Thorax..... Rabbit dubbing, cream

Wing.....Snowshoe rabbit

Head.....Thread

1. Place the hook in the vise, then attach the thread slightly behind the hook eye and wrap a tight thread base back down the hook shank to a point just in front of the hook point.
2. Select a feather and strip the fluff from its base, then, holding it by the tip, stroke the barbs back toward the base of the feather, creating a tip section approximately the length of the hook shank. **DO NOT STRIP OFF ANY BARBS.**
3. With the barbs stroked down toward the feather butt, grasp the feather slightly in front of the tip section, **concave side up**, in your right hand, and tie it on top of the hook shank above the hook point with a couple of loose thread wraps using your left hand. The tip of the feather should be pointing out over the hook bend. The tie-in point on the feather should be slightly below the tip section. Grasp the tip section and pull it back toward the hook bend, creating a folded barb abdomen about a hook shank in length on top of the hook shank. When you have an abdomen that suits you, tighten the thread wraps and bind down the feather butt with a couple of extra tight wraps. Remove any excess feather butt. Wrap the thread forward to a point about 1/4th of the hook shank behind the hook eye.
4. Now pull down 1-2 barbs (**DO NOT STRIP THEM OFF**) on either side of the feather tip section and trim off the remaining tip section between the barbs that you pulled down. This should leave you with a forked tail at the end of the abdomen section.
5. Snip a small clump of hair from the bottom of snowshoe hare foot. (*Be sure to stand the hair up to even the tips and cut it close to the skin.*) Remove the long guard hairs from the clump, then tie it in tightly by the butts on top of the hook shank about 1/4th of the

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hook shank behind the hook eye as a wing. The tips of the clump should be pointing toward the hook eye and the wing should be about a hook shank in length. Be sure to keep the hair on top of the hook shank and don't allow it to spin. Trim off any excess hair butts and wrap the thread back to the abdomen tie-in point.

6. Dub the thread, forming a 2"-3" noodle, then wrap it forward from the front of the abdomen to the back of the wing. (Be sure to cover all the thread wraps.) Now lift the wing and take several turns with the dubbed thread tight in front of the wing to stand it up. Take an x-wrap of dubbed thread behind and under the wing to cover any remaining thread wraps, then form a neat dubbed head between the wing and the hook eye.
7. Remove any excess dubbing and form a small thread head, whip finish, and cut the thread.
8. Use your fingers to spread the wing hair to the sides, comparadun style.