

EZ HEX NYMPH



Recipe

Hook.....Nymph 2XL, size 6 - 10

Thread....Brown or Black, 6/0 or 8/0

Tail.....Ostrich herl, natural grey

Body.....Dubbing, squirrel blend, sulphur or equivalent

Rib.....Gold or Copper wire, fine

Hackle.....Ringneck pheasant church window feather, natural or a Speckled brown hen feather.

Eyes.....Plastic bead chain or mono, small, black

Head.....Thread

1. Place the hook in the vise. Attach the thread slightly behind the hook eye and wrap a tight thread base back to the bend of the hook, then reverse direction and wrap the thread back forward to about 1/8" behind the hook eye.
2. Tie in a set of bead chain eyes, using figure eight wraps, about 1/8" behind the hook eye. (If desired, apply a drop of super glue or head cement to the thread wraps covering the eye.) Wrap the thread back to the hook bend.
3. Select 6-8 ostrich herl fibers, align the tips, and tie them in as a tail at the hook bend. The tail should approximately half the hook shank in length. Tie the herl in so that the excess length of the herl goes toward the hook eye.
4. Fold the excess herl back over the tail and bind it down with 2-3 tight thread wraps on top of the hook shank at the same point as you tied in the tail. (This excess herl will be pulled forward later to become the body shell back.) Let the thread hang.
5. Cut a 3"-4" piece of ribbing and tie it in at the same point as the tail with the excess stretching out over the hook bend.

6. Dub the thread and wrap the dubbed thread forward to a point about 1/4 of the hook shank behind the hook eye and tie it off. Remove any excess dubbing.
7. Grasp the excess herl which you folded back earlier and pull it forward over the top of the dubbed body as a shellback and tie it down in front of the body. Trim away any excess herl butts.
8. Now grasp the rib and palmer it forward for 4-5 wraps over both the body and herl shellback and tie it off in front of the body. Remove any excess ribbing.
9. Select an appropriately sized hackle feather. (DO NOT REMOVE THE FLUFF FROM THE FEATHER BASE.) From slightly below the tip, stroke the fibers down toward the base and tie the feather in by its tip (at the point where the fibers start to be stroked down) at the front of the dubbed body.. The feather should be tied in with the concave (dull) side down. Trim off any excess tip and then make 2-3 wraps of the hackle and 1-2 wraps of the fluff forward to behind the bead chain eyes and tie it off. (When stroking the fibers downward, try to gauge how much hackle will be needed to allow you to make the wraps of hackle and fluff without having too much hackle fiber.) Remove any excess hackle and move the thread to the front of the beadchain eyes. Form a small thread head between the hook eye and the bead chain eyes.
9. Do a whip finish right behind the hook eye and cut the thread. (It may be advisable to do two whip finishes for durability.) Cut the thread.