

## GFA FOAM HOPPER



### Recipe

Hook..... Hopper, 2xl, size 8 - 10  
Thread..... 6/0, Color to match foam body  
Body..... 2mm foam, color of choice  
Wing..... Deer hair, natural  
Legs..... Round rubber or silicone, color of choice  
Indicator..... Foam, 2mm, color of choice

1. Place the hook in the vise and tie in the thread behind the hook eye, then wrap a tight thread base, in touching turns, back to the hook bend. Now reverse direction and wrap the thread back in touching turns to behind the hook eye. Let the thread hang.
2. Cut a 6" strip of foam about the width of the hook gap. Cut a "V" point on one end and tie it in on top of the hook shank behind the hook eye with 4 tight thread wraps so that the "V" end extends about  $\frac{1}{4}$  of the hook shank behind the hook bend. The front end of the foam should now extend out over the hook eye
3. Lift up the length of the foam, bring the thread around under it and wrap the thread back down the hook shank for about  $\frac{1}{4}$  of the hook shank. Lay down the foam on top of the hook shank and tie it down with 2-3 tight turns of thread to create a body segment that covers about  $\frac{1}{4}$  of the hook shank.
4. Repeat step 3 two more times to create 2 **smaller** body segments so that the end of the last segment is over the hook point.
5. Now reverse the thread and make one wrap over the **top** of the last two foam segments, ending with the thread behind the first segment. Leave the thread at the front of the second segment.
6. Cut, clean, and stack a medium size batch of deer hair and tie it in with 3-4 tight thread wraps at the front of the **second** segment as a wing. The tips of the wing should extend almost to the back of the "V" tail. Keep the hair wing on top of the hook shank and do

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not allow the hair to come down the sides or spin around the hook shank. *You may wish to do a half hitch over the wing tie down wraps before proceeding to step 7.*

7. Lift up the hair butts and trim them off as closely as possible to the base of the wing. *(Leaving long hair butts will interfere with the creation of the "bullet" head of the fly.)* The thread should now be where you tied down the wing.
8. Apply a light coat of super glue over the top of the first segment, then fold the remaining foam back firmly over the top of the first segment and tie it down with 3-4 tight thread wraps forming a "bullet" head. The thread wraps should be right on top of the thread wraps used to tie down the wing. Trim the excess foam to create a collar over the front  $\frac{1}{4}$  of the wing.
9. Cut two 4" pieces of legging material and tie one by its middle on each side of the fly right over the thread wraps tying down the "bullet" head.
10. Cut a narrow length of foam about a  $\frac{1}{4}$ " in length of a color you wish to use as an indicator and tie it in by its middle right behind the "bullet" head on the same thread wraps used to tie in the legs.
12. Do a whip finish at the back of the "bullet" head right on top of the same thread wraps used to tie down the legs. Trim the legs to whatever length you desire and trim off the tip of the "V" tail. Apply head cement carefully to the thread wraps behind the "bullet" head.