

STENOCRON



Recipe

Hook.....Mustad 3906B, size 12-16, or equivalent
Thread.....Brown or rusty brown, 6/0
Tail.....3 Moose hair fibers, splayed
Rib.....Tying thread
Abdomen...Coyote dubbing
Wing case..Brown mottled turkey quill segment
Thorax.....Coyote dubbing
Legs.....Guard hairs brushed from thorax
Head.....Thread

1. Tie-in the thread behind hook eye and wrap it back to the hook bend making a good thread base. **(Be sure to have a long thread tag as it will become the rib for the fly.)** Wrap a small ball of thread (2-3 turns) at the hook bend. Move the thread tag out of the way for the time being. Let the tying thread hang.
2. Select 3 moose hair fibers, even the tips, and tie them in as a tail on top of the hook shank just behind the thread ball. Wrap the thread tight against the front of the thread ball and this should splay the fibers. If not, then maneuver the fibers around with your fingers then take another tight thread wrap over their base. **(The tail length should be about the length of the hook shank.)** Trim off any excess fiber butts and return the thread to tight against the front of the tail.
3. Dub the thread (*you can pinch dub or use a dubbing loop at your option*) and wrap it forward to slightly past the middle of the hook shank, forming a tapered abdomen. Do not be concerned if a lot of guard hairs are sticking out of the body, coyote fur has a great amount of spikey guard hairs and they help make the fly. Remove any excess dubbing and let the thread hang.
4. Grasp the thread tag we left in step 1 and palmer it forward over the abdomen in 5-6 turns and tie it off in front of the abdomen. Remove any excess rib (tag). Let the thread hang.

Over....>

5. Now take a turkey quill feather (that has been treated with Dave's Flexament or other material to stiffen and connect the fibers) and cut a segment about the width of the hook gap. Trim the bottom of the segment so that the bottom is straight and, with the shiny side down, tie the segment in at the end of the abdomen with the segment end pointing toward the hook bend. Tightly wrap the butt end and trim off the excess. Wrap the thread back to the end of the abdomen.
6. Dub the thread and wrap it to a point about 1 hook eye width behind the hook eye, forming a fairly thick thorax, and tie it off. Remove any excess dubbing. **(Be sure to wrap the thorax tightly back against the end of the abdomen or a gap may form when the wing case is pulled forward.)**
7. Pull the quill segment wing case over the thorax with enough tension to keep it positioned straight on top of the thorax. Tie it off right behind the hook eye and remove any excess segment.
8. Form a neat thread head, whip finish, cut the thread, and apply head cement to the head if desired. You can also coat the wing case with UV resin to improve the fly's durability if desired, but be careful to keep it on only the wing case.
9. Brush the thorax to pull down fibers to simulate legs.