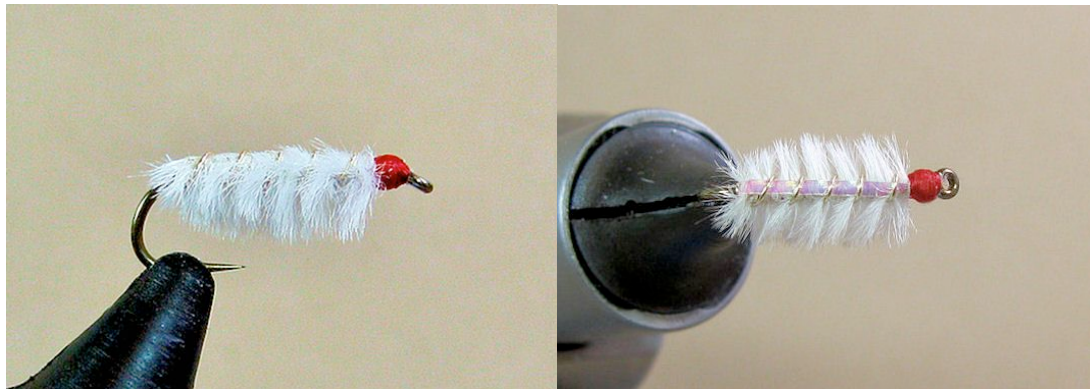


RAY CHARLES FLASHBACK SOWBUG



Side

Top

Recipe

Hook.....Wet, nymph, or curved caddis, size 14-18

Thread.....Red, 6/0 or 8/0

Flashback.....Pearl mylar tinsel

Rib.....Silver wire, small

Abdomen/legs.....Ostrich herl, Tan, white, gray, or pink

Head.....Thread

1. Place the hook in the vise and tie-in the thread behind the hook eye, then wrap a tight thread base back to the hook bend.
2. Cut a 2"- 3" piece of mylar tinsel and tie it in **on top of the hook shank** at the hook bend with the length of the tinsel going back over the hook bend. Cover the tinsel butt with thread and wrap the thread forward to behind the hook eye.
3. Cut a 3"- 4" piece of silver wire and tie it in by one end slightly behind the hook eye with the length of the wire extending back over the hook bend. Bind down the ribbing wire on the side of the hook shank with tight thread wraps back to the hook bend.
4. Select **2** ostrich herls and tie them in by their butt ends at the hook bend. Wrap over the butt ends and continue to wrap the thread forward to behind the hook eye.
5. Grasp the ostrich herls and wrap them forward together in touching turns to behind the hook eye and tie them off. Remove any excess herl.
6. Now stroke the herl barbs down on each side of the hook shank, then grasp the tinsel and pull it forward over the top of the herl body and tie it off behind the hook eye. Remove any excess tinsel.
7. Grasp the ribbing and palmer it forward through the herl body to behind the hook eye and tie it off. Remove any excess ribbing. *(You may need to "wiggle" the rib through the herl to avoid binding down too many of the herl barbs.)*
8. Form a neat thread head, whip finish, and cut the thread. Apply head cement if desired.

NOTE: You may wish to brush the herl barbs to free any barbs that may have gotten bound down by the ribbing.