

SAC FRY



Recipe

Hook.....TMC 2457, size 12

Thread.....White 6/0

Body Tubing.....Clear or Tan Ultra Lace Tubing (Hollow)

Body Insert and Tail...Pearl Midge Flash or Pearl Angel Hair

Egg Sac.....Glo Bug Yarn or equivalent, your choice of color

Eyes.....Silver primatic 3-D stick-on eyes

Epoxy.....Devcon 5 Minute Epoxy or equivalent

1. Cut a short (approximately $\frac{3}{4}$ ") piece of tubing. Push a bobbin threader through the hollow tubing and insert a small clump (4-5 strands) of midge flash through the end of the threader. **(NOTE: Use the smallest wire threader you can find to avoid problems pulling the flash through the tubing.)** Pull the flash back through the tubing. Once the flash has exited the tubing a short distance, cut the flash between the threader and the tubing so that a small clump remains projecting out of the tubing. **This clump will form the tail** at the end of the Sac Fry's body. Trim the excess flash at the other end of the tubing flush with the end of the tubing.
2. Tie-in the thread behind the hook eye and form a **short** thread base behind the hook eye.
3. Tie-in the preformed "body" from step one on top of the hook shank on top of the thread base just behind the hook eye. **(The tubing will probably have a natural curvature to it, so tie-in the body so that it curves upward.)** Ensure that the tail clump of the "body" is projecting out over the hook bend.
4. Cover the butt end of the tubing with tight thread wraps forming a somewhat bulky thread base behind the hook eye.
5. Now take a short length of egg yarn and fold it over creating a teardrop shaped loop with no open space in the middle. **(If the egg yarn is too thick, you may wish to divide it in half and fold just one half to create the loop.)** Tie the loose ends of this loop in beneath the hook shank at the **back end of thread base from step 4**. Ensure that the folded end of the loop faces toward the hook point. **(The yarn loop should be long and bulky enough to cover the remaining bare hook if it is pushed upward against the hook shank.)** Trim any excess yarn butts behind the hook eye and repeat the thread build up of step 4 as you bind down and cover the butts of the yarn. This should form a bulky thread head.
6. Whip finish and cut the thread.

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7. Attach a stick-on eye on each side of the thread head. Make sure that there is a slight bit of the thread head showing between the hook eye and the front edge of each eye. **(It is suggested that you use super glue, epoxy, or some similar cement to help hold the eyes in place.)** Let the eyes dry in place.
8. Now use a bodkin or needle to apply a coat of epoxy to the entire head of the fly. Be sure to turn the fly until the epoxy sets to avoid any sagging. **YOU'RE DONE!!**

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